



INSPIRED INTENTIONS - 2010

Inspired is to be IN Spirit or Inspired from Within!

The modern dictionary defines inspire as aroused, animated, or imbued with the spirit to do something, by or as if by supernatural or divine influence: an inspired poet or person.

There is a huge difference between being motivated from Without and being inspired from Within!

As Divine beings of love and light, we are naturally wired to manifest our most inspired intentions! A blade of grass does not try to grow, it grows! The sun does not try to shine, it shines! And Humans, when setting goals that are aligned with what they perceive to be most important, feel naturally Inspired!

When the voice & inspired vision on the inside becomes louder & clearer than all opinions on the outside, you've mastered your life.
- Dr John Demartini

It all comes down to our values!

Every individual lives by a set of unique priorities or values. This means that we all uniquely have things we perceive are most important in our life. All our perceptions and decisions are based on those values. So the reason why we don't succeed in achieving our goals is that they are not aligned with these most important values. Whatever is highest on our values is where we have our discipline, focus, order and dedication, whatever is lowest on our list of priorities is where we have disorder, chaos and where we procrastinate.

The secret to achieving your goals and transforming your life, is to set them congruent to your highest priorities or values. You will be rewarded with more energy, vitality, confidence, certainty and purpose. You'll be doing what you love, you'll be inspired by your life and work more efficiently towards creating what you intend.

Nosce te ipsum - Know thyself. (Inscription at the temple of Apollo in Delphi)

Know thyself. Knowledge of oneself is the only real knowledge, for as one understands oneself, only then may one truly understand another. Hence, the Oracle of Delphi proclaiming to know thyself, for within each of us, all is contained.

How do we keep ourselves in that inspired state?

In one word - Gratitude! Gratitude is the key that opens the Heart where Love and our Divine Inspirations lie waiting to be expressed! Each one of us have a *fingerprint specific* Divine Design, a unique set of gifts and talents that we are meant to discover and express as we unfold our Divinity as beings of Love, Wisdom and Power! (*More on the Power of Gratitude in our next newsletter.*)

May the new year be one of Inspiration, Gratitude and manifested Intentions and Divine Destiny!

Julian Papenfus - Co-founder - www.TransformationWithin.org

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INSPIRATIONAL QUOTES

INSPIRED THOUGHT CREATE INSPIRED DREAMS

"LIFE IS AN ADVENTURE, DARE IT."
- Mother Theresa

WHETHER YOU THINK YOU CAN OR THINK YOU CAN'T, YOU'RE RIGHT
- Henry Ford

YOU SEE THINGS, AND YOU SAY "WHY?" BUT I DREAM THINGS THAT NEVER WERE, AND I SAY "WHY NOT?"
- George Bernard Shaw

ACT AS IF WHAT YOU DO MAKES A DIFFERENCE. IT DOES
- William James

AFFIRMATIONS - WORDS OF POWER

I AM A GENIUS AND I APPLY MY WISDOM!

I AM MASTER OF PERSISTANCE, I DO WHAT IT TAKES!

I CREATE A LIFE OF FREEDOM, JOY AND PROPERITY!

I AM GRATEFUL AND BLESSED, I EXPERIENCE MIRACLES EVERYDAY!

I AM ABUNDANTLY FREE AND UNLIMITED IN EVERYWAY!

INSPIRATIONAL READING

Being Human - Unearthing Wisdom to live disease ,misery and medicine free
- Ramesh Ramkumar

The Power of Now: A Guide to Spiritual Enlightenment - Eckhart Tolle

A New Earth - Awakening to your Life's Purpose - Eckhart Tolle

Count your Blessings - The healing power of Gratitude and Love - Dr. John Demartini

From Stress to Success in just 31 days
- Dr. John Demartini

WEBSITE LINKS

www.being-human.co.za

www.eckharttolle.com

www.drdemartini.com

www.drdemartini.co.za