



LOVE IS THE KEY!

Gratitude opens the gateway of the heart where Love & Divinity awaits Expression!

Love is patient, love is kind.

It does not envy, it does not boast, it is not proud.

It is not rude, it is not self-seeking.

It is not easily angered; it keeps no record of wrongs.

Love does not delight in evil, but rejoices with the truth.

It always protects, always trusts, always hopes,
and always perseveres.

Love never fails!

1 Corinthians 13:4-8

Is self-love the Greatest Love of All? Or is it selfish and self-indulgent? Learning to love yourself may be the greatest love you ever experience and achieve. Your relationship with yourself is the central template from which all others are formed. Loving yourself is a prerequisite to creating a successful and authentic union with another.

Unfortunately some people hope to find the love and fulfilment they seek from outside themselves, from another person. In fact it works the other way around – we tend to attract a partner that reflects back to us the degree of love and esteem we have developed for ourselves!

The first step in learning to love is making an inner connection between our hearts and the ultimate source of love.

If I Am created in the image and likeness of God, and God is Love – then I Am Love.

KNOW THYSELF! ; LOVE THYSELF! ; BE THYSELF!

So, my first step is to Know myself through Self-love and meditation on my true nature which is Love.

And how do we pass through this gate?

Jesus said, "Ask, and it will be given to you; seek it, and you'll find it. Knock and the door will open."

Wherever and whenever one or more people pause and tune into their hearts and open up to love, it comes flowing into their hearts. That's the perennial truth that all human beings live by spiritually. **God is Love**, and we can readily encounter and commune with God by opening our hearts to love.

Love is not a concept, idea or belief, Love is not an emotion. It is the positive Life force and integrating power that creates and holds all reality together. **We are a microcosm within a macrocosm!**

The kingdom of heaven cometh not by observation, it is **Within you!** Sincerely seeking and communing with the Kingdom of Love within my body temple is where my treasure lies.

Love is a state of Being we are destined to enjoy!

FIAT LUX – LET THERE BE LIGHT!

With Love and Gratitude,
Julian Papenfus - Co-founder - www.TransformationWithin.org

The Alchemist - vol. I issue III

INSPIRATIONAL QUOTES

"LOVE IS THE SYNTHESIS AND SYNCHRONICITY OF COMPLEMENTARY OPPOSITES"

- Dr John Demartini

"EVENTUALLY YOU WILL COME TO UNDERSTAND THAT LOVE HEALS EVERYTHING, AND LOVE IS ALL THERE IS" – Gary Zukav

"YOUR TASK IS NOT TO SEEK FOR LOVE, BUT MERELY TO SEEK AND FIND ALL THE BARRIERS WITHIN YOURSELF THAT YOU HAVE BUILT AGAINST IT." Rumi

"LOVE IS THE CRITERION FOR THE LIFE OF A HUMAN BEING. GOD IS LOVE AND THE WAY BACK TO GOD IS ALSO THROUGH LOVE" – Sant Thakar Singh

"WHERE THERE'S LOVE, THERE IS NO JUDGEMENT" – Julian Papenfus

AFFIRMATIONS - WORDS OF POWER

I LOVE AND ACCEPT MYSELF EXACTLY AS I AM!

IN LIFE I ALWAYS GET WHAT I GIVE OUT AND I ALWAYS GIVE OUT LOVE!

MY HEART IS ALWAYS OPEN AND I RADIATE LOVE!

DEEP AT THE CENTRE OF MY BEING, THERE IS AN INFINITE WELL OF LOVE
- Louise Hay

LOVE; AND ALL THINGS SHALL BE ADDED UNTO YOU - Jesus

WEBSITE LINKS

www.drdemartini.com

www.chopra.com

www.zukav.com

www.elizabethgilbert.com

www.being-human.co.za

INSPIRATIONAL READING

The Heart of Love also *Count your Blessings, the healing power of Gratitude & Love* – Dr John Demartini
The Seat of the Soul – Gary Zukav
The Path of Love – Deepak Chopra
Eat, Pray, Love – Elizabeth Gilbert